

Racquetball News

November, 2007



Racquetball Leagues

WINTER Leagues begin the week of Nov. 26th!!!

Free trial, "Practice Round": 11/26 to 11/29.

League sign up deadline is 11/29.

League play begins 12/3.

Note: Time off for the Holidays.

Apps. located between Cts. # 1 & 2; or visit

www.FitnessWest.org .

Leagues are played Monday through Thursday,
from 6:30 – 8:30pm .

SPECIAL EVENT:

Dec. 1 & 2 : "Talk Is Cheap" Championships!

Sign up Deadline: Monday, Nov. 26th

Members & Guests / All Levels of Play! Sat. Singles and/or Sun. Dbls.

Tournament Entry forms available at the Club,
Or Email Dave@DaveAtTheClub.com .



Learn to Play

We offer "Introduction to Racquetball" Classes each month. These classes are for beginners, advanced beginners, and those returning to play after a *loooooong* lay-off. Sign up on the Interest Sheet between Courts # 1 & 2, and plan to attend.

Individual session dates: Nov. 14 & Nov. 28 Wednesdays "Intro. To Racquetball": Learn the FUN!-damentals

- Safety, rules, basics & play. 60 minutes. (Class size limited to 4)
- 7:00pm with Mary Tessier, Court #10. (Equipment provided)
- Members: \$10 each; Guests: \$25 each (Includes Club use)

Youth Racquetball on Saturdays

Instruction and **play**: Learn safety, rules, technique, and how to play. **11:00am to 12:15pm**, Six week sessions, boys & girls, ages 7–14. Members: \$30; Guests: \$75. Trial class is offered. Reduced rates for (2) or more signing up together. For sign ups and / or a Trial, contact coaches Micah Brown and Ray Hom at Court # 2, or email RayHom@sbcglobal.com.

Questions, comments, concerns ... Please contact Racquetball Director, Dave George:
email: Dave@DaveAtTheClub.com

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